



Certificate in Therapeutic Mentoring

Become a therapeutic mentor to change the lives of children, young people & adults.

The Context for the course

The Certificate in Therapeutic Mentoring will be again hosted by the TRC in Bath. It has been developed in response to the need to create teams of qualified professionals working around the traumatised child and young person to bring recovery and restoration. Currently there is a demand for child psychotherapists, art and play therapists to respond to the ever increasing rise of traumatised people needing appropriate intervention.

There are 30,000 children

nationally on the CAMHS waiting list and approximately 660 child therapists, most of whom live in north London. The average course to train as an arts therapist, play therapist or psychotherapist costs £7,000 including supervision, training and other costs and takes up to four years to qualify. We assert that this creates professionals who are well trained but leaves a lack of resource to meet the demand.

In the medical world there are first aiders (everywhere), nurses, doctors and specialists. Yet this valued

diversity of skill doesn't seem to be in the therapeutic world. As such this therapeutic mentoring course is planned to train an army of people to respond as nurses to traumatised people to work alongside the doctors and specialists and so respond to the urgent need to facilitate recovery to many.

Our mission is to bring recovery to children, young people and their families. This will change generational behavior patterns and bring restoration to whole communities.



This course will be run on 7 Fridays and Saturdays from September 2016-April 2017 and will explore the role of the therapeutic mentor. It will unpack key skills of reflection, empathy and listening alongside bringing an understanding of the impact of trauma, the healing power of relationships, the neuroscientific basis of the work that we do and

gives key tools for a creative toolbox for engaging therapeutically with children and young people.

The 1st CTM course started in Bath in September 2014 with 16 students ranging from paediatricians, youth workers, social workers, parents etc and has received extremely positive feedback!

The second intake in 2015-16

has got 16 students from a similar range of backgrounds.

“As a former children’s nurse and mother of three, I can recommend the CTM! The course will add to whatever experience you already have of working with children and give you a far greater understanding of how children respond to trauma.

The course enables you to develop the practical skills that can help in a variety of settings - from supporting your own children as they go through life experiences, to working in a mentoring role with families and children as they recover.”

Bringing hope & healing to the traumatised...

Eight of the days in the 2016-2017 schedule can be attended as an individual day course with attendance certificate, or the whole fourteen days and assignments and placement lead to a certificate in therapeutic mentoring. Location: Bath, 9:30am-4:00pm.

<p>Friday 9th September 2016</p> <p><i>Betsy de Thierry MA</i> TRC Founding Director, Teacher and Psychotherapist. Introduction to the CTM, Child development and self awareness as central skills.</p>	<p>Saturday 8th October 2016</p> <p><i>Helen Jury MA</i> Art Psychotherapist and founder of the MA course in Newport The impact of effective listening. Learning the foundational skills to support traumatised people.</p>	<p>7 & 8. Friday 6th January- Saturday 7th January 2017</p> <p><i>Jon Blend MA</i> Adult and Child Psychotherapist MA and Gestalt Trainer, Clinical Supervisor, Expressive Arts Trainer, Community Musician Using creative tools to facilitate recovery from trauma. Using clay, art, drama and music to raise self esteem and process feelings.</p>	<p>Saturday 25th February 2017</p> <p><i>Dr. Renee Marks PhD.</i> Consultant Trauma Therapist and ISSTD's Accredited Trainer Understanding and recovering from self harming behaviours.</p>	<p>Friday 28th April 2017</p> <p><i>Bill McKitterick</i> former Director of Children Services Bristol Council [TBC] Working together with other agencies for effective care of children and young people.</p>
<p>Saturday 10th September 2016</p> <p><i>Liz Hall</i> Police Safeguarding Expert The essential child protection training.</p>	<p>Friday 11th November 2016</p> <p><i>Betsy de Thierry MA</i> TRC Founding Director, Teacher and Psychotherapist. The impact of trauma on a child; the trauma continuum and complex trauma responses.</p>	<p>Friday 24th February 2017</p> <p><i>Betsy de Thierry MA</i> TRC Founding Director, Teacher and Psychotherapist. Understanding depression, anxiety and helping the traumatised recover.</p>	<p>Friday 24th March 2017</p> <p>[Trainer TBC] Boundaries, ethics, safe practice.</p>	<p>Saturday 29th April 2017</p> <p><i>Betsy de Thierry MA</i> TRC Founding Director, Teacher and Psychotherapist. An exploration of the tool box as a mentor and avoiding secondary trauma.</p>
<p>Friday 7th October 2016</p> <p><i>Betsy de Thierry MA</i> TRC Founding Director, Teacher and Psychotherapist. The key mentor skills for engaging with children and young people.</p>	<p>Saturday 12th November 2016</p> <p><i>James McAllister MA</i> Integrative Child and Adolescent Psychotherapist The neuroscience of relationships and the power of empathy.</p>	<p>Friday 24th February 2017</p> <p><i>Betsy de Thierry MA</i> TRC Founding Director, Teacher and Psychotherapist. Understanding depression, anxiety and helping the traumatised recover.</p>	<p>Saturday 25th March 2017</p> <p><i>Emma Reeves. MA</i> Art Psychotherapist and Lead Therapist at Bath TRC Using art in groups to increase self esteem and confidence.</p>	

**Certificate in Therapeutic Mentoring
I'd like an application form**

I would like to express my interest in the Certificate in
Therapeutic Mentoring. Please send me an application form.

Name:

Address:

Phone:

Email Address:

Relevant Qualifications/Experience:

I understand that the total cost of the course will be £1,750
and that a deposit of £300** will be required. The remaining
£1,450 is due in one of two ways:
— of either three instalments of £480 on 1st September 2016,
£480 on 1st November 2016 and £490 on 1st February 2017
— or five consecutive monthly payments of £240 and a sixth
and final payment of £250 by direct debit between 1st
September and 1st February. The cost for each individual
course module is £110, payable in advance.
Please note your deposit will only be taken if you are accepted
onto the course, at which point it becomes non-refundable.

Signed

Date

Please return to Certificate in Therapeutic Mentoring to TRC,
Freedom House, Lower Bristol Road, Bath. BA2 1EP.
The CTM course is often used as a starting point for the
charity the TRC to begin a project of hope for traumatised
children and young people.

